



A Tale of Washing Hands

BOOKR Class Activity Tips

Run time: 5 minutes

Topic: origin story

Writer: Szilvia Gyurkó

Vocabulary: cough, fever, palm, finger, wrist, to wipe, to sneeze, to get sick

Illustration: Tamás Czuder

Narration: Lizzie Crow

Focus of the games: reading comprehension

Ages: 5-16

Language level: Beginner

Description: Everybody knows that washing hands is very important for our health, but children tend to forget or misunderstand it's reason. This story helps them to understand why and how they should properly wash their hands.



CLASS

Activity Tips

Brainstorming

#language skills

What can we do to stay healthy? Ask your learners to make a list of their ideas and share them with the group.

Hand-washing poll

#language skills

Who is the cleanest person in the group? Ask your students to write a few questions about personal hygiene. (How often do you wash your hands? How often do you clean the doorknobs and the switches? How often do you use a tissue to blow your nose? How often do you put a tissue in front of your face when you sneeze?...) Then ask your students to interview each other and at the end, share the results as a speaking activity. As a teacher, you can give an award to the cleanest student in the group.

Poster

#vocabulary #language skills #arts&crafts

Ask your learners to create a colourful poster about how to prevent illnesses during the epidemic. Ask them to use pictures and short sentences, like "Wash your hands.", "Sanitize.", "Don't go outside." "Keep the house clean.", "Wear a mask.", "Don't touch your eyes, nose or mouth."

Worksheet I

#vocabulary

Teach your students the parts of your hand, such as "thumb", "index finger", "middle finger", "ring finger" and "little finger" or "pinky finger", "palm", "nails" or even "joint".



CLASS

Worksheet II

#language skills

Use the second worksheet below. Cut out or copy the sentences together, then help your child match the sentences with the right phase of proper hand wash.

Virus water

#cognitive skills #language skills

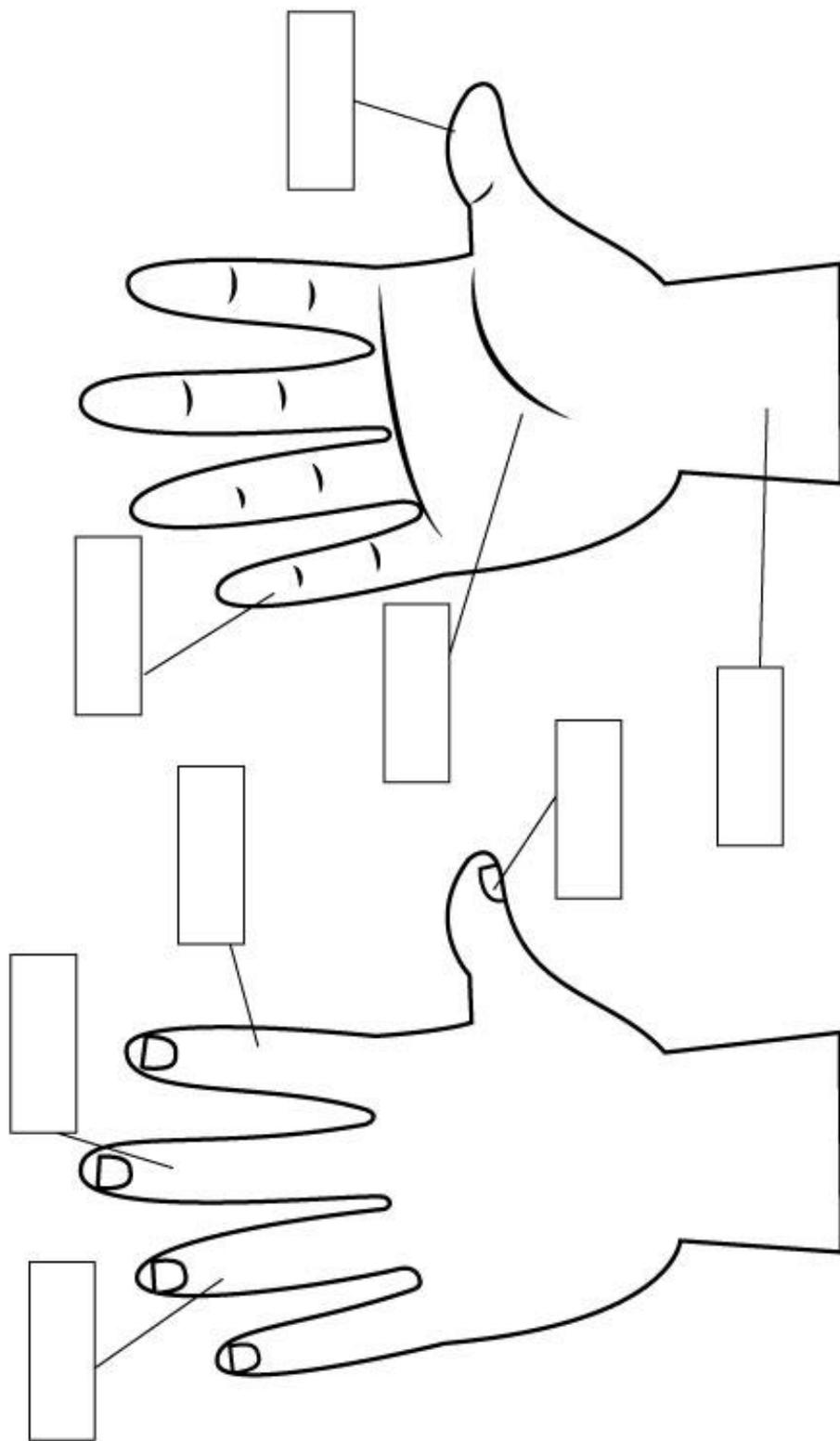
Show your child how important it is to wash your hands properly with soap and water. Create "virus water" by putting water and pepper in a bowl. Then ask your child to dip his/her finger into the virus water. Then ask him/her to put their finger into soap, then into the water. Let's see what happens!

Draw a hand

#arts&crafts

Let your child draw your hand around and decorate it the way he or she prefers. A composition of the family members' hands with personalised decoration would be a nice memory of time well spent. Learners can name and label the fingers after the activity.

PARTS OF THE HAND



palm - wrist - nail - thumb - index finger - middle finger - ring finger - little finger

WASH YOUR HANDS



**Match the sentences with
the right phase of proper hand wash.**

Rinse your hands
with clean water.

Don't forget
to clean your nails!

Use enough soap
to cover all your hands.

Clean the back
of your hands.

Wet your hands
with water.

Clean between
your fingers too.

Dry your hands
with a clean towel.

...and your hands
are clean and safe

Rub your soapy hands together
and clean your palms.